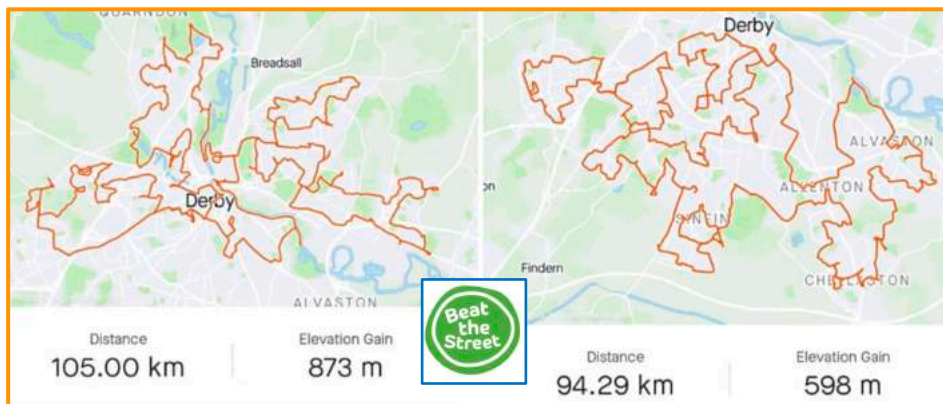




Lockdown #3 activities – Zoom Quiz & Andis’s Beat the Street Derby giant score bike rides, April 2nd & 3rd!



Newstrack is the magazine of Derwent Valley Orienteers

Editor: sal.chaffey@gmail.com



Chair	Sal Chaffey	sal.chaffey@gmail.com
Vice chair	Jane Kayleigh Burgess	janeburgess50@yahoo.co.uk
Secretary	Paul Goodhead	dvo_sec2021@outlook.com
Treasurer	Brian Denness	briandenness@naims.co.uk
Fixtures Secretary	John Cooke	jholtcooke@btinternet.com
Minutes Secretary	Dave Chaffey	dave.chaffey@gmail.com
Coaching and Juniors	Val Johnson	gmjandfam@aol.com
Club Captain	Christine Middleton	cmm701@gmail.com
Committee Member	James Prince	clapgun@gmail.com
EMOA Rep.	John Hurley	johnhurley870@btinternet.com
Junior Rep	vacant	
Mapping & permanent courses	Mike Godfree	mike.godfree@btinternet.com
Event Officials Coordinator	Jane Kayleigh Burgess	janeburgess50@yahoo.co.uk
Controllers Coordinator	Ranald Macdonald	r.f.macdonald@btinternet.com
Access Coordinators	Viv & Ranald Macdonald	r.f.macdonald@btinternet.com
Development Officer	Stuart Swalwell	stuart.swalwell2412@me.com
Informal Events Coordinator	Sal Chaffey	sal.chaffey@gmail.com
Event Safety Officer	Ranald Macdonald	r.f.macdonald@btinternet.com
Equipment	Russ & Kim Buxton	Kim.buxton@ymail.com
Web master	John Cooke	jholtcooke@btinternet.com
Publicity	Sal Chaffey	sal.chaffey@gmail.com
Social Rep	Anne Kayleigh Burgess	annecunningham15@googlemail.com
Welfare Officer	Anne Kayleigh Burgess	annecunningham15@googlemail.com

New Club Members

Welcome to our new members Darren Cooke (previously of SOS) and Luke Davies. Good to have you in the Club & see you soon!

Editorial

The Editorial in February's *CompassSport* really made me think. Nick told the story of a 94-year-old Stockholmer who'd been active in his club for 74 years. Had he stayed in the club until his death, just to "put on events", or was his club offering something wider?

I like Nick's other description of an O club as "having fun with like-minded friends". This is what DVO members have been doing before and during the pandemic. MapRuns and Quizzes have focused our activities, but I bet lots of garden coffees and phone calls also helped!

What's inside?



May 2021

Club Captain's Corner	3
DVO Kit	3
Amanda's Italian biscuits	4
Meeting Dates	5
Officials Needed	6
A Cautionary Tale	7
Club Communications	9
When Sunday Comes	10
Sports Personality	12
2020 Review of Events	13
Spices 4 Calais/Bikes 4 Derby	14
Beat the Street Derbys	14
Fixtures	14
Sharpen your skills	15
Puzzle Page	15

The next Newstrack will come out in late July, so I'll set a provisional copy date for the 10th. I'm sure there'll be more to report on by then! Wishing you all a safe & pleasant early summer :) Sal

Notes from your Club Captain

Well it's now over a year since we were orienteering regularly in a normal way.

However the good news orienteering events are now taking place again and that things are continuing to improve. Unfortunately a lot of events have been cancelled or postponed, but the summer is definitely looking brighter than last year!

A brief summary of local events is below:

- May 15 DVO Markeaton Park. Local event
- May 19 SYO Wheta Woods. Local event
- May 23 DVO Elvaston Castle Country Park
- June 13 DVO Stone Centre & Wirksworth Urban
- June 13 NOC Berry Hill Park, Mansfield
- June 20 SYO Sheffield City Urban
- June 20 DVO Rosliston Forestry Centre. Local
- June 27 DVO East Midlands Champs Chinley Churn. **Don't miss this one!!**

We now have compulsory online pre-entry for Local events via the website, or via a smartphone on the day. This is to ensure start times are spread out for safety. Huge thanks to John Cooke for creating it!
 Payment is at the event via our card reader.

There are still entries available for the Midland Champs on May 30th at Stapeley & Rorrington Montgomery. However entries for the British Middle Championship event at Newby Bridge are now closed.

The British Sprints and Relays have been postponed to August 21/22 at Skelmersdale.

A decision on the Scottish 6 days (August 1-7th) will take place at the end of May. We have entered and are really hoping that it will go ahead. [Likewise – Ed.]

We are hoping the CompassSport Cup final will go ahead in Sutton Park in October but permission still has to be granted.

Looking forward to more orienteering in the coming months and a return to a more normal life!

Christine Middleton Club Captain



Club kit post-Brexit

I still have some club O tops (short or long sleeves), running vests and warm up jackets. Contact me for information.

(We could have a problem getting any more, I had a long email from Bryzos, previously Siven about the arrangements to pay VAT following Brexit)

Mike Godfree Mike.Godfree@btinternet.com

Amanda's biscuits ~ raising money for Alzheimer's Society



...a speciality of Sienna and DVO Club Champs past, I will be making 'ricciarelli' almond biscuits, to order, and for collection at the following up-coming orienteering events:

- Markeaton Park,
- Elvaston Castle,
- The National Stone Centre & Wirksworth
- Rosliston.



My aim is to raise as much money as I can for Alzheimer's Society, and in the process secure my place with them in The Great North Run... when it happens!

(I need £275 minimum and have a page on 'JustGiving' to that effect) – I estimate the cost of a pack of 10 biscuits to be at least £2, so how many you would like and how much you can donate over and above that cost is up to you!

To ensure your pack is fresh, and to reduce overheads, please email me a few days before any of the above events and I will ensure you have what you want. They will be wrapped and a donation box present plus hand sanitiser, to comply with social distancing etc.

Many thanks, Amanda

amandaprice1963@gmail.com

Meeting dates



May 23 (Tues), 7pm – **Open Meeting & Coaching Workshop** on Zoom. Club business, followed at 7:30 by an **interactive Lake District Coaching Workshop based around the LOC June event areas** (pls email Judith judith.holtcooke@btinternet.com so material can be sent out in case of tech failure on the day). Facilitated by some of the DVO Coaches.

15 June (Tues), 7:45 – **Fixtures Committee** via Zoom

22 June (Tues), 7:30 – **Main Committee** via Zoom

13 Oct (Wed), 7:30 – **AGM**, may be face to face, venue TBA. All welcome!

DVO Needs YOU! ... or our events won't happen

We all love turning up at orienteering events and activities, having a run, chatting to our friends, and then going off to do other things. However, unlike many other sports, the people who organise and put on orienteering events are, by and large, also those who are wanting to compete. A football or hockey referee doesn't play before taking up their whistle. Athletics marshals will have to wait until they are not officiating to have a run on another day. But if everyone had their run at an orienteering event and went home, there would be no events.

It is true that at some of our larger events those taking on major roles are unable to have a run, not least the organiser, planner and controller but often also those on start and finish or download. We also have members who no longer compete or are injured who are nevertheless happy to take on a role.

"Where is this all leading?" I hear you ask.

Well, it's a plea for more club members to take on the roles necessary to put on anything from a small-scale local event to a major British Orienteering Championship.

During the current return to local orienteering we have been encouraging novice officials to work with a more experienced organiser, planner or controller to gain experience and build their confidence before taking on greater responsibilities. We're also keen for people to move on from taking on roles at Level D/Local events to Level C/Regional, Level B/National and then Level A/Championship events.

Similarly, we are keen for people to take up mapping (speak to Mike Godfree), work with developing our younger orienteers (Ann-Marie Duckworth) and coaching/training the rest of us at all levels (Val Johnson or Judith Holt).

If you think you would be interested in 'having a go', then please speak to Jane Kayley-Burgess (Organiser and Planner Co-ordinator) or Sal Chaffey (DVO

Chair). Alternatively, if you would like to move from planning to controlling, please contact me.

Finally, don't be shy, though we understand some of you will be apprehensive about taking on an important responsibility. We all had to start somewhere and benefitted from the experience of other club members to train us and help develop our skills. As a constituent club of the East Midlands Orienteering Association, we also have opportunities to work with colleagues from other clubs and gain from their different experiences. Let's also be honest that many club officials are, shall we say, 'getting on a bit'. Increasingly we like to appoint an assistant to help us and with whom we can share our enthusiasm for doing more than just competing. So, there are plenty of opportunities to work with someone to see how it's done and ask any questions before committing yourself.

Remember; if you don't offer to help, our events may not be able to go ahead. Your Club Needs YOU!

Ranald Macdonald
DVO Controllers' Co-ordinator and Event Safety Officer

Event Officials Needed

If you could volunteer to fill any of the roles below, please let Jane know (as Event Officials Coordinator). janeburgess50@yahoo.co.uk

Event Safety training is also required for new officials from the British Orienteering e-learning platform (takes an hour, cost £10). Or contact Ranald for a free session.

<https://www.britishorienteering.org.uk/index.php?pg=1195#Event%20Safety%20Course>

Date	Event Name	Venue	Organiser	Planner	Controller
26/09/2021	Kedleston Park EM League	Kedleston		David Pettit	
28/11/2021	Hardwick Park EM League	Hardwick Park		Andrew Middleton	Doug Dickinson
02/01/2022	Melbourne Urban	Melbourne Street	Malcolm Spencer	Doug Dickinson	Mike Godfree
29/01/2022	Calke Park - venue TBC	Calke		Chris Millard	
20/03/2022	East Midlands Championship 2022	Stanton Moor	Sal Chaffey	Richard Parkin	Peter Gorvett
08/10/2022	British Schools Score Championships	Shipley Park		Ann-Marie Duckworth	Ranald Macdonald

A cautionary tale

Doug Dickinson

It was early morning as I set off for Middleton by Youlgreave to do my first ever Peak Raid. The sky was a cloudless blue, the day would be good. As I headed off to the start I decided that my plan was to walk around the course just to get the idea of the map and feel good about being out in the open once again.

It was all downhill to the first bridge. I couldn't walk, it was too steep, so I jogged gently. The first control pinged my phone as I got to the bridge. Technology working. I turned down the path alongside the river and it felt good. Criss-crossing the river took me gently along to the second control, another bridge, and I started to run, slowly at first so as not to get out of breath. The birds were singing, the river was murmuring and it felt good to be running free. The controls, and their accompanying pings, came one after the other as I headed away from the river and up into limestone wall country. The running was easy, the day felt good.

Paths, walls, stiles and gates came and went with regular pinging abandon and I arrived at my final choice control with 30 minutes to spare. Looking at the map, I could see that there was a route back within that time range. So on I went. The last bit of my course took me down the road past my car and towards the finish.

And it was there that it happened. I tripped. My knees, hands, head and side all hit the ground in quick succession. Blood gushing from my head! I could hear voices ahead, 'Help, help ... I need some help here,' I shouted. Three ladies appeared, 'Look at the blood!' one said. Handbags were opened, tissues found and pressed on the bleeding parts. 'Are you alright?' I heard. I looked at my hand. I could see my watch had been smashed and blood was pouring all over it. My spectacles had carved a deep gash underneath my eye and my phone had disappeared somewhere else.

I was helped to my feet and I staggered towards my car, which was barely 20 metres away. Two ladies sitting on the bench by the wall got up and moved away when they saw us approaching. I sat down dazed and hurt. By then the three ladies who were helping me had obviously decided that I needed a hospital. My phone had been found on the grass verge where it had flown when I fell. It still worked. I called Kay and then Mike and Liz Godfree and explained the situation. 'Leave it with us,' said Mike. So I did.

One of the ladies offered to take me to the Whitworth hospital. 20 minutes later I was dripping blood all over the hospital floor. I was seen immediately. Concussion checks initiated, X-rays taken, wounds cleaned and glued up. The X-rays showed a broken elbow and I was given a soft sling to protect the joint.

Meanwhile Mike and Liz had arrived at the hospital and had been waiting to take me back home. Kindness among friends is a blessing. By the time we arrived at home I was in a 'pretty' state. After making me comfortable they left with Kay to go and pick up my car. A long day for my helping friends and a worried, long suffering Kay.

Five days on and the cuts are healing; the bruises are beginning to turn from black through brown to a beautiful purple/yellow. [You have been spared photos – Ed.] I can't bend my left elbow and can't twist it without shrieking with pain. I am told that elbows take a while to get sorted.

So why a cautionary tale? I've had time to think about the events of the day. It was only 2 hours out in the country wasn't it? I had my phone, my whistle was in my back pocket. I didn't need to take anything else with me, did I? The day was warm and I had the route planned. I had even said which way I was going.

I was not prepared for such an eventuality ... I was lucky. My accident was back in the village, with people around me to help. But what if I have fallen whilst halfway round my course crossing a stone wall? What would I have done then? What if there wasn't a signal? What first aid kit had I taken? There are always going to be 'What ifs'. How will I prepare for the next one? And how will you prepare for your next one?

Comment from Peak Raid

Doug's cautionary tale is a timely reminder that accidents will happen and it raises the question of what would you do if you had the misfortune of a similar experience. Doug was fortunate to be in a village with people around and help was immediately available, but it could have been very different if he was in a remote location where few people ventured.

In such a scenario what would you do? What actions do you take to ensure your safety prior to a run? What emergency kit do you carry with you? Do you know how to contact emergency services when there is no mobile signal? Do you have a well thought out safety plan should an accident happen? Remember:

"They're funny things, Accidents. You never have them till you're having them."
(Eeyore – A A Milne)

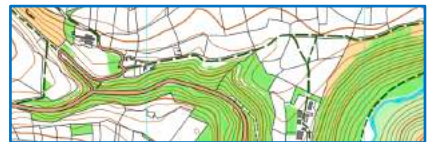
We wish Doug the very best for a speedy recovery and hope to see him back to full fitness soon.

Paul and Andy

Peak Raid MapRun6 – go fast, go easy, go anytime!

Explorer Events is run by DVO members Paul Addison and Andy Jackson. Their Winter Series of 2 hour Score events using MapRunF or MapRun6 is:

- Event 1 Monsal Head
 - Event 2 Harthill Moor and Bradford Dale
 - Event 3 Lantern Pike and Coombes Edge
 - Event 4 Chrome Hill and Dove Head
- Enter all 4 for just £22 (or £7 per event).



1:25000 super-clear maps. Attempt the event as many times as you wish for the same fee, to see if you can improve your score! For completion before 30 June.

Do you think womens' course lengths should be as long as mens'?

We'll be gathering opinion on this at our **Zoom Open Meeting 23 May**, and feeding back to EMOA and British Orienteering. Now for the segway into comms, starting with Facebook ...



DVO Group

Debate on womens' course lengths continues on our **Facebook Group**. You'll also find post-event discussion and other banter/rants there!!



Derwent Valley Orienteers

Our **Facebook Page** is a bit more formal, and I'm the main Admin. The Event pages are found here, and it's really great if you can say that you're going to an event, and maybe even Share the Event page!

Murray White looks after our Twitter, and I have to confess to letting our Instagram hang during lockdown, but I'll resume it soon!

DVO Freelist email group

To keep up with informal Club activities, such as arranging lifts, please join our new Freelist group (this has replaced the Yahoo group). Send an email to dvo-request@freelists.org with 'subscribe' in the Subject field OR visit the DVO list page at <http://www.freelists.org/list/dvo>.

To send a message to the DVO mailing list, simply send an email to dvo@freelists.org.

Members' contact info

Any changes of address, phone number or email should be passed to British Orienteering and to our Secretary Paul Goodhead dvo_sec2021@outlook.com. Events can be cancelled (or approved) at short notice these days, so you can be sure to get the latest news!

The Membership list is under the Members tab of the DVO website, and you need to be logged in to view it. If you don't yet have a password, please contact our webmaster, John Cooke. If you don't want a particular contact detail displayed, please email Paul as above.

Why not check your details are correct now?

WSC

When Sunday Comes

(Except when it's Saturday or Wednesday)

RDO – Real Derbyshire Orienteers. Fanzine No 38

You really must come up and see our office renovation.

WSC “not funny anymore” crisis

It's official. Last ROFL registered in South Wingfield in July 2020 and that may have been a pickled onion going down the wrong way (page 9)

Laughter is the best medicine – pandemic doctors discuss (page 94)

Editorial – Keep calm - this has always been a serious organ (page 6)

World shortage of vegan dibbers continues (page 4)

Other news: Whatever.

Quiz Night – Questions asked!

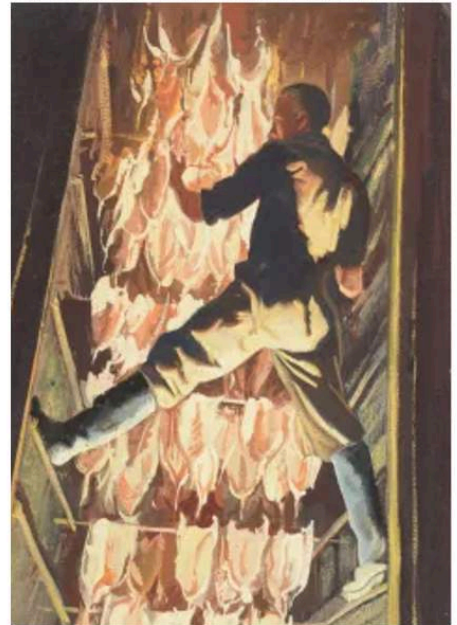
Questions are being asked at the Old Derwentians Quiz Night and not just ones about American National Parks, best selling books and why is the Via Gellia so called. These questions are all along the lines of *How the hell has Jerry “Smartpants” Johnson managed to win seventeen consecutive rounds of the competition?* Disgruntled fellow competitors have had a lot to put up with over the long months of various lockdowns and losing every week has been a minor additional burden, but it seems that breaking point was reached this week when Johnson was the only one to answer several seemingly impossible questions that implied all may not be as it seemed. Things completely boiled over when he was able to confidently answer a question about Taylor Swift's shoe size. There was so much shouting and disruption, mainly accusations of cheating, that Zoom started malfunctioning and replaced the pictures of several members with small furry animals. A witness (in the guise of a squirrel) quoth *“It all started kicking off big time. We'd had enough of being made to look stupid. It was obvious that the whole thing was rigged from start to finish. How come he was the only one on the screen? Where was the rest of his family? I'll tell you where. Just off screen googling and wikiing and asking Jeeves and phoning a friend and passing him the answers. Well I'm as mad as hell and I'm not going to take this anymore! I've got my head out of the window and I'm screaming it. I'M AS MAD AS HELL AND I'M NOT GOING TO TAKE IT ANY MORE. Now where are my nuts?”* Mr Squirrel is 71.

WCS approached Mr J. Johnson for comment but none was forthcoming. WSC also approached another club member, Mr G Johnson for comment who said *“It's no good asking me. I wasn't there. I can't be held responsible for the actions of my evil identical twin brother. Now where are my nuts?”*.

A bit of needle

Consternation has broken out amongst an orienteer following revelations that orienteering performance may be affected differently depending upon which Covid jab has been administered. *“It's a disgrace. I had my first Fisons jab not two weeks ago and since then my sense of*

direction has deteriorated by 19%” snarled Belper (Gateway to the North) resident Jason Twinge (47). *“Anyone who had the Oxtail jab is unaffected. And that's an actual fact. What I want to know is what is the government going to do about it! And The Orienteer – How It works (continued....)*



Lockdown has been long and in many cases, very stressful.

Not being able to go orienteering has been extremely frustrating.

It has however, freed up time to pursue other hobbies and pastimes.

Alan has been able devote his weekends to his other lifelong passion.

Nobody knows what it is, not even Alan but it looks like great fun.

If you like that sort of thing.

while they are about it, they need to sort out the over-settlement of Borrison's hot chocolate. This country is going to the dogs".

Mr B Johnson was unavailable for comment.

Correspondence

An actual letter has flooded into our offices. When we finally found the thingummyjig to physically open the envelope we read;

Dear WSC,

I have been an avid reader of your organ for many years. Just lately I have been concerned that some of your material has been distinctly below par. I have some suggestions that will inject some pep into your pages. Why not include something about orienteering? This is an interesting sport and I am sure many of your readers will find anything about it a good read. Also some local Derbyshire news, always a good call. And finally, inject a little humour into the content to break up the serious in-depth articles you have been publishing of late. Follow this advice and I am sure you will have a top seller on your hands. Always pleased to help as I have plenty of time on my hands. Now where are my nuts?

Yours, Mr D. Cummins

(Get onto all of this right away – Ed)

More Correspondence

It was clearly a mistake to give out our address (you're fired – Ed).

Dear WSC,

I am writing in defence of what has become an object of hatred, the good old honest bramble. In recent years it is said that there are far too many brambles in East Midlands forests. I say you can't ever have too many of them. They are very tasty and make a great snack at any time of the day. Why not give them a try, you don't know what you are missing until you know what you are missing. You soon get used to the prickly bits, they give a real kick. Let's hear no more bad things about this really delicious dish.

Yours, A. Deer.

(Well you can't say we don't have a wide readership – Ed).

Available now

The complete box-set of the trilogy. Lockdown I, Lockdown II (Return of the Lockdown) and Lockdown III (Return of the Return of the Lockdown). "Very tasty" – A. Deer.

It's Not Fair

Letters are like buses; you wait for ages...etc etc. Anyway, we had to give the poor old postie a glass of milk and a sit down after delivering this one as well.

Dear WSC,

What a great sport orienteering is! We turned up for the event at Markeaton Park on May 8th with absolutely no idea of what to expect. Wow, what a time we had. The music, the stalls, the games, the rides. The whole family had a great time. We came away with several large stuffed cuddly toy animals, three coconuts and a goldfish. We can't wait for the next event at Elvaston Castle in a couple of weeks' time. It will be hard to top but go on DVO, you can do it!

Yours, the Smith-Smith family

(Not so) Great Inventions in Orienteering History with Bob McNut. No 6. The Radioactive Jockstrap



The less said about this about this cul-de-sac in the advancement of human achievement the better. If you read the small print of the BOO rules I'm pretty sure these things are banned. (No-one told me – Ed)

Competition Time – Spot Graham's Nuts



Just put a circle where you think they are in this seldom seen view of Cromford Rocks.

Other Sporting News

Football latest: FC Hamburg 1 Dollis Hill 0 (abandoned, lemmings)

Sports Personality of the Month

Zoom mis-hap – our

Spring Committee meeting was postponed twice, awaiting the publication of BO's Return to Orienteering guidelines. The meeting ended up on the same night as Fixtures Committee, straight afterwards. A historical first, thanks to Zoom! And it worked quite well, apart from **Rex Bleakman** dialing in for full committee instead of Fixtures!

Real-world mis-haps

Doug D has to be Sports Personality of Century as you probably already know.

1st run for ages at Peak Raid. Within sight of the finish and with 2 minutes of the 2 hours remaining takes a tumble on that track down from the village centre to finish. Followed by 2 hours at the Whitworth Hospital. Broken radius bone in elbow, very black eye, numerous abrasions and cuts all over his body. So no more running for a long time. His track on the results has a long extra section whilst being driven down to Darley Dale!

Richard Parkin, who while running along the A6 near the Arc Leisure Centre in Matlock, got hit by a deer bounding out of a driveway. His first thought was "That's a large dog!"

2020 – Review of DVO events

Dave Nevell

The best laid plans of mice and men... Twelve months ago I confidently predicted that 2020 would take the club to the brink of its one thousandth event. Instead, it seems more likely that this milestone will not be reached until the middle of 2022, at the earliest.

And who could possibly have thought that the largest event of 2020 would have been at Grangewood? You have to go all the way back to 1975 to find a year with fewer events. Even the Foot and Mouth outbreak in 2001 made no discernible impact on that score; this time round restrictions were far more stringent and longer lasting, and unfortunately may continue for some time yet.

Just the 7 events in 2020 then, if we don't in some way capture all the MapRun activity. And yes, Grangewood provided an opportunity for some of the pent up demand for the sport to manifest itself, the 235 attendees well outstripping the previous best of 159 and being the largest DVO regional attendance for over two years. No Club Champs, despite the window of opportunity being at the time of the year when it is usually held – unfortunately, the lockdown timing was just wrong. And of course no CompassSport Cup Final either, again something of a near miss. For what it's worth here is the breakdown.

Level A (Major)	0	(1)
Level B (National)	0	(0)
Level C (Regional)	4	(7)
Level D (Local)	3	(17)

Out of these 7 events, not surprisingly 7 different venues and one of those a new one, Ashbourne Running Club. Nothing in Allestree Park, a rare occurrence.

There were 917 attendees over the year at 131 per event on average, up by 10 on 2019. The average attendances by event level were (2019 in brackets).

Level C	197	(203)
Level D	43	(43)

The Level C events included one urban event (Wirksworth). Only Belper has been used more often in an urban context and some of those events were pretty low key early ones. 3 Sunday events, 2 Wednesday, 1 Thursday and 1 Saturday, a fair spread. The register of DVO events now contains 975 events at the end of 2020 and the best guess of total attendees stands at 152623. When will these counters start to tick over again? Maybe the mice know.

Club members donate spices to Care4Calais ... & bikes to asylum seekers and refugees in Derby!

Dave, Sarah and I volunteered with the asylum-seeker support organisation Care4Calais in late January (with due Covid tests and quarantine). There are about 900 asylum seekers in the Calais/Dunkerque area in unofficial settlements, trying eventually to reach the UK. I volunteered in August 2020 and wanted to return in winter. I decided to collect spices, as they're expensive in France, and are needed in the food packs that C4C distribute. Plus they don't take up a lot of room in the car.



A big thank you to Club members who sent us spices. We took around 15kg, as well as lots of other donations from Derbyshire Refugee Solidarity, such as clothes, tents and sleeping bags.

If anyone has sleeping bag/mats, small tents or men's clothing they want to get rid of, please let me know and I can collect it and take it to DRS for sorting and forwarding to Calais, as a van does the trip every month.

DRS also collects adults' bikes, which go to Bike Back Derby for servicing, and are then given to refugees and asylum seekers in Derby. A huge thanks to the DVO members who donated bikes in 2020 & 2021 – you've really improved lives!



Beat the Street, Derby (31 March–12 May) Sal Ch

Another DRS/DVO link is the mini competition that's been going on in Beat the Street this spring. Beat the Street is an anti-obesity initiative running in various UK cities to encourage school children to be more active. It ran for 6 weeks and was free to enter. In Derby there were 261 Beatboxes, which you could tag with your card on your way to work, or on a run or a bike ride: <https://www.beatthestreet.me/derby/map/>

The DVO team has 21 members, including Andis who cycled all 261 Beatboxes over 2 days at Easter!! Other team members include Mike Gardner, Chris Millard, Rachel Davis, Helen Chiswell, Roo & Michelle Mackervoy, Steve Bailey, Ned Needham, Hans Hettmann, Val & Graham Johnson (who we bumped BtS-ing at Mickleover while we were MapRunning), the Matlock O Club crew and me. Thank you all for taking part!

I also organised a Derbyshire Refugee Solidarity team, as it's a great way for asylum seekers to get to know Derby. One of the DRS members, Zak, is even keener than Andis and is in the lead out of over 26000 people, cycling 30 miles every day!

Community & workplace teams leaderboard (11 May; 1 day before end)

	Average points	Total points	No in team
Derwent Runners	3rd 4106	1 st 287450	70
Chellaston GeoCachers*	16385	32770	2
Derbyshire Refugee Solidarity	1st 7936	2 nd 103170	13
Derwent Valley Orienteers	8 th 2494	8 th 52390	

21

*With 2 members, Chellaston GeoCachers are in the Small teams comp.

Congratulations to Andis on his 2 epic bike rides: for North Derby he rode 105km, and for South Derby 94km (see front cover for his routes).



Fixtures List

Because there's a lot of uncertainty, please always check Fixtures info from the DVO website – <http://derwentvalleyorienteers.org.uk/events/future-events/> and websites of other clubs: **NOC, LEI, SYO, LOG.**

May

Wed 19th L **Wheata Woods** (evening), Enter via SYO Entry System, closes soon!

Sun 23rd L **Elvaston Castle**, entries via DVO website, pay on the day.

**[[order your Italian biscuits early! – see page 4]]

June

Sat 12th L **Graves Park**, southern Sheffield. Enter via SYO Entry System

- Sun 13th L **National Stone Centre**, entries via DVO website, pay on the day.**
- Wed 23rd L **Hesley Wood**, evening event. Enter via SYO Entry System
- Sun 20th L **Rosliston Forestry Centre**, entries via DVO website, pay on the day.**
- Sat 26th L **Irchester**, LEI Score Cup, DVO members welcome, enter via LEI website
- Sun 27th R **Chinley Churn**, East Midlands Champs 2021, entries via Fabian4
 Entries open 21 May. Contact your Team Leader for code if helping
<http://www.derwentvalleyorienteers.org.uk/details/Chinley2021Flyer.pdf>

July

- Sun 11th L **Highfields Park**, see <https://www.noc-uk.org/> for entry details
- Sat 17th L **Wolds Mini Mtn Marathon (3 hr Score)**, <http://www.logonline.org.uk/>

Sharpen your O skills at DVO Local events Ann-Marie

A short training exercise is offered at our local events, to practice the orienteering techniques needed for **Light Green** or harder standard courses.

- having a plan for the leg using aiming off, compass bearing setting and simplification techniques.

Enter the SHORT course and use the special training map sent to you by Ann-Marie Duckworth (EMJOS Coach). Use the allocated start time but use the training map you will print at home or will be sent to you.

Full details of the coaching points and a pdf file to print off the special training map, will be sent out prior to the event.

Emails and names to Ann-Marie (jasrduckworth@btinternet.com) – on the Friday before each of the events (check the DVO Events list for dates).

Puzzle Page

Dave Nevell

The escalator puzzle didn't get a whole load of takers. I hope nobody tried it out in real life. I had correct answers from Francesco Lari, Jen Gale, John Hurley and James Bedwell. All of these people said 100 steps. David Vincent came up with either 70, 100 or 110 but when pressed unfortunately plumped for 110.

I refer to Francesco's solution. When going down there are $50+X$ steps visible, where X is the number of steps revolving while going down. When going up there are clearly $125-Y$ steps visible, with Y the number of steps revolving while going up. We know that going up Fred took 5 steps for every step before, so he took $125/5=25$ half time as going down. As the escalator speed is supposed constant, we now know that $Y=X/2$. $50+X=125-X/2$ gives $X=50$ and 100 as the answer. Digest that lot.

Looks like that's the end of another cycle of puzzles. Who is the 2021 brainbox? With double points for the last question I seem to have...

- =1. Jen Gale, John Hurley, Francesco Lari 8 points
- 4. David Vincent 7 points
- 5. Robert Shooter 6 points
- =6. James Bedwell, Alan Le Moigne 4 points
- 8. Paul Goodhead, David Cladingboel, Andy Mackervoy, Brian Gibbs, Michelle Mackervoy, Amanda Price, Donna Hawkins, Uncle Tom Cobley et al 2 points
- 15. Mike Gardner 1 point

We seem to have been here before. Well done to the three of you. But according to my records you each missed submitting one of the puzzles so that was 10 points maximum. Complaints on a postcard to the editor.

Sibling Stumper

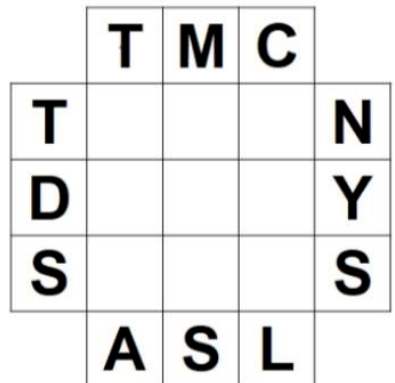
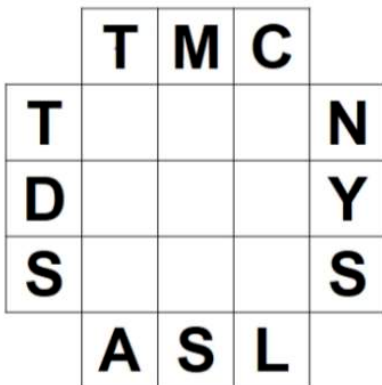
For once I am going to challenge you to a puzzle about me. I have one sibling. From the following four pieces of information, I want you to give me the probability that my sibling is also male. There is one answer per piece of information and each piece of information must be treated separately, i.e., when considering it, consider all other information unknown. Assume boys and girls have equal birth rates.

- (i) I am the oldest child.
- (ii) I am either the oldest child or the youngest child.
- (iii) I was born on a Tuesday (assume births occur at same rate on every day of the week).
- (iv) My middle name is Andrew (assume 1 in 100 boys have middle name Andrew).

For those of you who are not keen on the unintuitive world of probability, here is another puzzle to try instead. Just fill in this grid with the 9 letters of the word WATERHOLE to form 6 more 5 letter words vertically and horizontally.

Not too hard? [There's even a spare grid if you/I mess up! – Ed.]

Answers to dnevell3@gmail.com by 11 July.



BACK to ORIENTEERING with DVO



Rediscover your skills at our Derbyshire events

Derwent Valley Orienteers are excited to resume orienteering – with Covid precautions! From local events (with an extra coaching challenge available on Short), to the East Midlands Championships. For local events, enter via our website, then pay on the day (by card). For Chinley Churn please enter via Fabian4.

- Sun 23 May** Elvaston Castle, Derby
- Sun 13 June** National Stone Centre, Wirksworth
- Sun 20 June** Rosliston Forestry Centre
- Sun 27 June** Chinley Churn (East Mids Champs)

Events are open to non-members, but we ask that first-timers watch some of the skills videos on the Newcomers tab of the DVO website.



Local events: Adults or groups £5/kids unaccompanied on the courses £3
Full details/entry: www.dvo.org.uk at **DVO Events**. No EOD
Enter **Chinley Churn** (£14/£6) via Fabian4

